


EAT WELL MENU FOR KIDS

At Westin, we believe that eating well isn't just for grownups. That's why we've teamed up with SuperChefs™, a group of doctors, dentists and dietitians dedicated to helping kids eat smart. These special kid-friendly meals are as delicious as they are nutritious, making the whole family happy.

BREAKFAST 6:00AM to 11:00AM


OMELETTE 10.00

baby spinach and cheese omelette served with fruit salad 

PANCAKE LOLLIPOPS 10.00

banana and blueberries cooked into pancake and served with low-fat yogurt, fruit salad and syrup

BUILD YOUR OWN GRANOLA PARFAIT 8.00


low-fat vanilla Greek yogurt, organic granola, strawberries, blueberries and raspberries 

BREAKFAST BURRITO 10.00

egg white burrito with turkey bacon, cheddar cheese and fresh fruit salad

LUNCH OR DINNER 11:00AM to 10:30PM


HUMMUS WRAP 8.00

whole wheat wrap served with lettuce, red bell pepper and cucumber 

CHICKEN QUESADILLA 10.00

served with black beans, rice and pico de gallo

CHICKEN TOSTADAS 10.00

corn tortillas served with black beans, tomato and avocado 

CHICKEN WRAP 10.00

with carrots, cucumber, bell pepper and avocado

SPAGHETTI BOLOGNESE 10.00

whole wheat spaghetti with tomato sauce

PITA CHIPS & VEGETABLES 8.00

served with hummus and low-fat yogurt dip

DRINKS

PINEAPPLE STRAWBERRY SMOOTHIE 6.00

made with almond coconut milk 

FRUIT SMOOTHIE 6.00

strawberries, blueberries and bananas blended with orange juice and honey 

100% JUICE 4.00

apple, pineapple or orange juice

MILK 4.00

fat-free milk, almond or soy

DESSERTS

STRAWBERRIES & CREAM 8.00

strawberries, non-fat cream cheese, honey, vanilla in a chocolate bowl

FRUIT SALAD 8.00

cored apple filled with fresh fruit 